



# Your DTC EAP offers access to our Dietitian Team

Your Employee Assistance Program (EAP) now provides access to accredited practicing dietitians. Nutrition and diet are essential to achieving optimal wellbeing, and the dietitian service will assist you and your family's individual health and wellbeing.

## What can the Dietitian help me with?

- ✓ Weight management
- ✓ Nutrition and mental health
- ✓ Allergies
- ✓ Eating disorders
- ✓ Digestive health
- ✓ Eating during pregnancy
- ✓ Meal planning
- ✓ Nutrition to assist existing medical conditions
- ✓ Children's health
- ✓ Nutrition and the elderly
- ✓ Sports nutrition
- ✓ Food preparation and storage
- ✓ Advice and guidance

## How do I book an appointment?

Call us today on 1300 360 364. Better health is just a phone call away.

Your **Employee Assistance Program** provides confidential, professional assistance.  
Call **1300 360 364** Australia wide

[www.davcorp.com](http://www.davcorp.com)

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